



Lip Blush Appointment Info

Preparing for your Appointment

Cold Sores

One of the biggest factors that can be detrimental to your healed results, and just be really unpleasant during healing in general, is Cold Sores. If you are a known cold sore sufferer, please contact Lydia directly for advice. There is a high risk you will get an outbreak following treatment due to the stress this causes the lip tissue, and therefore we must take every precaution to try and avoid/reduce the severity of the outbreak, as the blisters could quite possibly effect your results.

If you have never had a cold sore outbreak, we still treat you as if you may be a carrier. You will need to purchase a course of (3) FAMVIR tablets, available over the counter from the pharmacy for each appointment. These can either be taken all on the day of treatment, or the day before, the day of and the day after treatment. This is very important, as you do not want to suffer through an out break if you end up being an unknown carrier of the cold sore virus.

In order for me to be able to tattoo you, and to get the best results, I need your lips and surrounding skin to be in tip top condition. Please avoid any of the following in the lead up to your appointment:

- Facial treatments that involve chemical peels, microdermabrasion, skin needling or anything that intensely removes layers of skin or is invasive. When your skin undergoes these treatments, there is a healing period afterwards as it rejuvenates itself, I can only tattoo and will only tattoo on perfectly healed skin. Please avoid the above in the 30 days prior to your appointment.
- Active Skin Products: Please ensure that you have stopped using any Retinol or Vitamin A products around the Lip area for at least 30 days prior to your appointment.
- Botox or Fillers: Botox and fillers must be performed either a full 2 weeks before or 2 weeks after your cosmetic tattoo procedure.
- Sun baking or tanning beds, as above I need to your skin to be in tip top condition, and if you are freshly tanned, sun burnt, or have been burnt on the face in the days leading up to then I will not be able to guarantee your results. If you are planning on being out in the sun in the weeks prior, please wear a strong SPF and a hat to protect your face.
- Acne Medication: Please note that you must have been off Roaccutane for 6 months before being able to be tattooed.
- If you take Fish Oil supplements, please stop at least 7 days prior to your appointment. This is because Fish Oil tablets thin the blood.
- Please do not take pain relief prior to your appointment – they can cause excessive bleeding which effects your retention. You can take pain relief immediately after if you feel you need to do so.



Studio Etiquette

- Please note that due to the nature of the services provided in the studio, it is not appropriate to bring Children to your appointment.
- Only the client receiving the procedure is permitted in the room with Lydia whilst the procedure is being performed. Lydia requires complete concentration to ensure the best result is achieved for you. Lydia is very approachable and easy to talk to which makes the design process pressure free and easy — we want our clients to love the Brows as much as we do!

Please inform Lydia prior to your appointment if:

- You have had your lips tattooed previously
- You are taking medication of any kind
- You have any serious allergies
- You have any keloid scarring on the area
- You have any known medical conditions
- You believe there may be any other factors that could affect the Tattoo.

FAQs

What is a Lip Blush Tattoo?

Using a digital machine, small needles penetrate the skin and deposit coloured pigment. The colour is bright/intense at first and then fades down to a lip stain/tint. Lip tattoo can be used to define the borders, balance asymmetry, make the lips look fuller, camouflage scars or unevenly distributed natural pigment or just to look more youthful.

What are the pigments made from and are they safe?

All pigments used are excellent quality and highly safe. Most pigments are Iron Oxide and Titanium Dioxide based, a safe non-reactive substance and suspended in distilled water, alcohol and glycerin. The pigments are specifically designed for implantation into human skin.

What colours can I choose from?

There are several colours to choose from and can be matched to either enhance your natural lip colour or to your favourite lippy.

Does it hurt?

A topical anesthetic is applied both before and during the treatment. Most clients have a pain-free experience; however, some may feel discomfort. Every person is different.

How long will the Tattoo last?

You can expect your Lip Tattoo to last anywhere from 2 to 3 years. The result varies between individuals and depending what intensity of colour/depth result you would like. Some skins hold colour longer and stronger than others, while others fade leaving a light residue in the skin. Pigment may fade or change according to metabolism, lifestyle, skin type, medications, age, smoking, alcohol, sun exposure, and



use of active skincare products such as Retin-A and Alpha-Hydroxy Acids (AHA's).

How often will I need to have the Tattoo touched up?

This is dependent on what intensity of colour/depth you choose and wish to maintain. You can envisage needing colour boosts approximately every 2-3 years. Lydia will advise you at your appointment.

What does the colour look like after the first treatment?

The colour is always at its brightest straight after your appointment. It softens as it heals. Using my experience, we select a colour that you want and that I also believe will heal the best to suit your expectations.

How do you design the Lips that are tattooed? The Lip design is done collaboratively between you and I. The aim is to create a natural result, and I can only tattoo on lip skin, I am unable to overdraw the lips. I can help to balance symmetry and add colour to lighter areas of the lips. By defining and perfecting your existing lip shape, it will automatically create a fuller look.

Some points to consider when booking your appointment:

- The final result is achieved over 2 sessions. After your initial appointment, a refinement visit is required 6-8 weeks later to touch up and perfect the lip shape and colour. Occasionally some clients may require a third visit to finish the Lips. This is often down to the client's skin type, but can also be affected by lifestyle or aftercare factors.
- You will need to avoid any strenuous activity for the first 7 days of healing; this is to ensure the area is kept free from perspiration. Please do not book an appointment the week of any important social plans.
- You will need to avoid any kind of facial treatments around the area for 7 days; this includes facials or laser etc.
- You will need to avoid swimming for 10 days.
- You will not be able to donate blood for 6 months following treatment.
- You must be over 18 years of age or have written consent from your legal guardian.

Cancellation Policy

Please note that a \$100 deposit is required to secure your appointment with Lydia. Until the deposit is received, the appointment is not confirmed. All deposits are non-refundable. If you need to reschedule or cancel your appointment for any reason, Lydia requires a minimum of 72 hours' notice. Your deposit will be used as credit towards your rescheduled appointment, or used as a cancellation fee if you do not give the required notice. Please note that Lydia offers limited appointment times, and clients who cancel on short notice or do not show up not only cost the business, but also prevent other clients from having the opportunity to have an appointment.